



Enabledmed Dental Benefit Tables 2023

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MAKOTI PRIMARY OPTION Dental Benefit Table 2023

MAKOTI COMPREHENSIVE OPTION Dental Benefit Table 2023

Dental Benefits

Dental benefits are paid at the Scheme Tariff.

Dental benefits are subject to managed care protocols and managed care interventions which may include the requirement of treatment plans and/or radiographs prior to benefit application.

Scheme Exclusions apply to dental benefits.

In the event of a dispute, the registered Rules of the Scheme prevail.

Specialised Dentistry

All Specialised Dentistry benefits for the **Makoti Comprehensive** option are subject to a limit of **R3 749** per family per year. This includes Partial Metal Frame Dentures, Crown & Bridge, Orthodontics, Periodontics and Maxillo-facial Surgery.

Pre-authorisation*

Makoti Comprehensive option: Dentures must be pre-authorised.

All options: Hospitalisation and certain Specialised Dentistry procedures must be pre-authorised.

If no pre-authorisation is obtained or if pre-authorisation is applied for after the treatment has been done, benefits will not apply for Crowns, Periodontics, Moderate/Deep Sedation in Dental Rooms and Hospitalisation.

Failure to pre-authorise orthodontic treatment will result in a payment *only* from date of authorisation for the remaining months of treatment, provided that the treatment is clinically indicated.

Pre-authorisation does not apply to emergency hospital admissions.

| CONSERVATIVE DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE |
|--------------------------|---|--|
| Consultations | One check-up per beneficiary per year Benefit subject to managed care protocols Covered at the Scheme Tariff | One check-up per beneficiary per year Benefit subject to managed care protocols Covered at the Scheme Tariff |
| X-rays: Intraoral | Benefit subject to managed care protocols Covered at the Scheme Tariff | Benefit subject to managed care protocols Covered at the Scheme Tariff |
| X-rays: Extraoral | One per beneficiary in a 3-year period Benefit subject to managed care protocols Covered at the Scheme Tariff | One per beneficiary in a 3-year period Additional benefit may be granted where specialised dental treatment is required. Benefit subject to managed care protocols Covered at the Scheme Tariff |

| CONSERVATIVE DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE |
|---------------------------------|---|---|
| <p>Preventative Care</p> | <p><i>Benefit for scale and polish:</i> One scale and polish treatment per beneficiary per year</p> <p><i>Benefit for fissure sealants:</i> Limited to beneficiaries younger than 16 years of age</p> <p><i>Benefit for fluoride:</i> Limited to beneficiaries from age 5 and younger than 13 years of age</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Oral hygiene instruction • Oral hygiene evaluation • Professionally applied fluoride for beneficiaries younger than 5, and 13 years and older • Tooth whitening | <p><i>Benefit for scale and polish:</i> One scale and polish treatment per beneficiary per year</p> <p><i>Benefit for fissure sealants:</i> Limited to beneficiaries younger than 16 years of age</p> <p><i>Benefit for fluoride:</i> Limited to beneficiaries from age 5 and younger than 13 years of age</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Oral hygiene instruction • Oral hygiene evaluation • Professionally applied fluoride for beneficiaries younger than 5, and 13 years and older • Tooth whitening |
| <p>Fillings</p> | <p><i>Benefit for fillings:</i> Granted once per tooth in 720 days</p> <p><i>Benefit for re-treatment of a tooth:</i> Subject to managed care protocols</p> <p><i>Multiple fillings:</i> A treatment plan and X-rays may be required</p> <p><i>Benefit for more than three fillings per beneficiary:</i> Subject to pre-notification</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Fillings to restore teeth damaged due to toothbrush abrasion, attrition, erosion and fluorosis • Resin bonding for restorations that are charged as a separate procedure to the restoration • The polishing of restorations • Gold foil restorations • Ozone therapy | <p><i>Benefit for fillings:</i> Granted once per tooth in 720 days</p> <p><i>Benefit for re-treatment of a tooth:</i> Subject to managed care protocols</p> <p><i>Multiple fillings:</i> A treatment plan and X-rays may be required</p> <p><i>Benefit for more than three fillings per beneficiary:</i> Subject to pre-notification</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Fillings to restore teeth damaged due to toothbrush abrasion, attrition, erosion and fluorosis • Resin bonding for restorations that are charged as a separate procedure to the restoration • The polishing of restorations • Gold foil restorations • Ozone therapy |

| CONSERVATIVE DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE |
|---|--|--|
| Root Canal Therapy and Extractions | <p>Benefit for extractions only available for procedure code 8201</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Root canal therapy on primary (milk) teeth • Root canal therapy on wisdom teeth (third molars) • Direct and indirect pulp capping procedures | <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Root canal therapy on primary (milk) teeth • Root canal therapy on wisdom teeth (third molars) • Direct and indirect pulp capping procedures |
| Plastic Dentures* | <p>No benefit</p> | <p>Pre-authorisation required</p> <p>One set of plastic dentures (an upper <i>and</i> a lower) per beneficiary in a 4-year period</p> <p><i>Benefit not available</i> for the clinical fee of denture repairs, denture tooth replacements and the addition of a soft base to new dentures; the laboratory fee will be covered (no pre-authorisation required)</p> <p><i>Benefit for a mouth guard:</i> Benefit available for both the clinical and the associated laboratory fee for a mouth guard. (no pre-authorisation required)</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Diagnostic dentures and associated laboratory costs • Snoring appliances and associated laboratory costs • High impact acrylic • The cost of gold, precious metal, semi-precious metal and platinum foil • Laboratory delivery fees • Provisional dentures and associated laboratory costs |

| SPECIALISED DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE <i>Specialised Dentistry limit R3 749 per family</i> |
|---|----------------|---|
| Partial Chrome Cobalt Frame Dentures* and Associated Laboratory Costs | No benefit | <p>Pre-authorisation required</p> <p>One partial frame (an upper <i>or</i> a lower) per beneficiary in a 5-year period</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • The metal base to full dentures and associated laboratory costs • High impact acrylic • The cost of gold, precious metal, semi-precious metal and platinum foil • Laboratory delivery fees |
| Crown & Bridge* and Associated Laboratory Costs <i>A bridge comprises two or more crown units. Each crown is payable from the available Crown & Bridge benefit.</i> | No benefit | <p>Pre-authorisation required</p> <p>Benefit for crowns will be granted once per tooth in a 5-year period</p> <p>A treatment plan and X-rays may be requested</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>A pontic on a 2nd molar, where the 3rd molar is a crown retainer, is subject to managed care protocols</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Crowns on third molars • Crown and bridge procedures for cosmetic reasons and associated laboratory costs • Laboratory fabricated temporary crowns • Occlusal rehabilitations and associated laboratory costs • Provisional crowns and associated laboratory costs • Porcelain veneers and inlays and associated laboratory costs • Emergency crowns that are not placed for the immediate protection in tooth injury and associated laboratory costs • The cost of gold, precious metal, semi-precious metal and platinum foil • Laboratory delivery fees |

| SPECIALISED DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE <i>Specialised Dentistry limit R3 749 per family</i> |
|---|----------------|--|
| Implants* and Associated Laboratory Costs | No benefit | No benefit |
| Orthodontics* and Associated Laboratory Costs | No benefit | <p>Pre-authorisation required</p> <p>Only one family member may commence orthodontic treatment in a calendar year</p> <p>On pre-authorisation, cases will be clinically assessed by using an orthodontic needs analysis, and funding can be granted up to 100% of the Scheme Orthodontic Tariff per beneficiary per lifetime.</p> <p>Benefit for orthodontic treatment will be granted where function is impaired.</p> <p>Benefit will not be granted where orthodontic treatment is required for cosmetic reasons. The associated laboratory costs will also not be covered.</p> <p><i>Benefit for fixed comprehensive treatment:</i> Limited to individuals from age 9 and younger than 18 years of age</p> <p>Benefit subject to managed care protocols</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Orthognathic (jaw correction) and other orthodontic related surgery and any related hospital and laboratory costs • Orthodontic re-treatment and any related laboratory costs • Invisible retainer material • Laboratory delivery fees |

| SPECIALISED DENTISTRY | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE <i>Specialised Dentistry limit R3 749 per family</i> |
|--|---|--|
| Periodontics* | No benefit | <p>Pre-authorisation required</p> <p>Benefit will only be applied to members registered on the Periodontal Programme</p> <p>Benefit limited to conservative, non-surgical therapy only</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Surgical periodontics which includes gingivectomies, periodontal flap surgery, tissue grafting and the hemisection of a tooth • PerioChip placement |
| Maxillo-facial Surgery and Oral Pathology | <p><i>Surgery in the dental chair:</i> Benefit subject to managed care protocols Covered at the Scheme Tariff</p> <p><i>Benefit only available for the following procedure codes:</i> 8931, 8935, 9011 and 9013</p> <p><i>Surgery in hospital:</i> See Hospitalisation* below</p> | <p><i>Surgery in the dental chair:</i> Benefit subject to managed care protocols Covered at the Scheme Tariff</p> <p><i>Temporo-mandibular joint (TMJ) therapy:</i> Benefit limited to non-surgical intervention/treatments</p> <p><i>Oral pathology procedures (cysts and biopsies, the surgical treatment of tumours of the jaw and soft tissue tumours):</i> Claims will only be covered if supported by a laboratory report that confirms diagnosis.</p> <p><i>Benefit for the closure of an oral-antral opening (code 8909):</i> Subject to motivation and managed care protocols</p> <p><i>Surgery in hospital:</i> See Hospitalisation* below</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Orthognathic (jaw correction) surgery • Sinus lifts • Bone augmentations • Bone and tissue regeneration procedures • The cost of bone regeneration material • The auto-transplantation of teeth |

| HOSPITALISATION AND ANAESTHETICS | MAKOTI PRIMARY | MAKOTI COMPREHENSIVE |
|--|--|--|
| Hospitalisation (General Anaesthetic)* | <p>Pre-authorisation required</p> <p>Admission protocols apply</p> <p>PMB admissions only</p> | <p>Pre-authorisation required</p> <p>Admission protocols apply</p> <p>Removal of impacted teeth and PMB admissions only</p> |
| Inhalation Sedation in Dental Rooms | <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> | <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> |
| Moderate/Deep Sedation in Dental Rooms* | <p>Pre-authorisation required</p> <p>Benefit limited to extensive dental treatment</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> | <p>Pre-authorisation required</p> <p>Benefit limited to extensive dental treatment</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> |

MALCOR PLAN D Dental Benefit Table 2023

Dental Benefits

Dental benefits are paid at the Scheme Tariff.

Dental benefits are subject to managed care protocols and managed care interventions which may include the requirement of treatment plans and/or radiographs prior to benefit application.

Scheme Exclusions apply to dental benefits.

In the event of a dispute, the registered Rules of the Scheme will prevail.

Pre-authorisation*

Dentures, Hospitalisation and Moderate/Deep Sedation in Dental Rooms must be pre-authorized.

If no authorisation is obtained before commencing procedures or treatment under Moderate/Deep Sedation in Dental Rooms, no benefits will apply.

| CONSERVATIVE DENTISTRY | MALCOR PLAN D |
|--------------------------|--|
| Consultations | One check-up per beneficiary per year Benefit subject to managed care protocols Covered at the Scheme Tariff |
| X-rays: Intraoral | Benefit subject to managed care protocols Covered at the Scheme Tariff |
| X-rays: Extraoral | One per beneficiary in a 3-year period Benefit subject to managed care protocols Covered at the Scheme Tariff |
| Preventative Care | <p><i>Benefit for scale and polish:</i> One scale and polish treatment per beneficiary per year</p> <p><i>Benefit for fissure sealants:</i> Limited to beneficiaries younger than 16 years of age</p> <p><i>Benefit for fluoride:</i> Limited to beneficiaries from age 5 and younger than 13 years of age</p> <p>Benefit subject to managed care protocols Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> ● Oral hygiene instruction ● Oral hygiene evaluation ● Professionally applied fluoride for beneficiaries younger than 5, and 13 years and older ● Tooth Whitening |

| CONSERVATIVE DENTISTRY | MALCOR PLAN D |
|---|---|
| Fillings | <p><i>Benefit for fillings:</i> Granted once per tooth in 720 days</p> <p><i>Benefit for re-treatment of a tooth:</i> Subject to managed care protocols</p> <p><i>Multiple fillings:</i> A treatment plan and X-rays may be required</p> <p><i>Benefit for more than three fillings per beneficiary:</i> Subject to pre-notification</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Fillings to restore teeth damaged due to toothbrush abrasion, attrition, erosion and fluorosis • Resin bonding for restorations that are charged as a separate procedure to the restoration • The polishing of restorations • Gold foil restorations • Ozone therapy |
| Root Canal Therapy and Extractions | <p>Benefit for extractions only available for procedure code 8201</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Root canal therapy on primary (milk) teeth • Root canal therapy on third molars (wisdom teeth) • Direct and indirect pulp capping procedures |
| Plastic Dentures* | <p>Pre-authorisation required</p> <p>One set of plastic dentures (an upper <i>and</i> a lower) per beneficiary in a 4-year period</p> <p><i>Benefit not available</i> for the clinical fee of denture repairs, denture tooth replacements and the addition of a soft base to new dentures; the laboratory fee will be covered (no pre-authorisation required).</p> <p><i>Benefit for a mouth guard:</i> Benefit available for both the clinical and the associated laboratory fee for a mouth guard (no pre-authorisation required).</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> |

| CONSERVATIVE DENTISTRY | MALCOR PLAN D |
|------------------------|--|
| | <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Diagnostic dentures and associated laboratory costs • Snoring appliances and associated laboratory costs • High impact acrylic • The cost of gold, precious metal, semi-precious metal and platinum foil • Laboratory delivery fees • Provisional dentures and associated laboratory costs |

| SPECIALISED DENTISTRY | MALCOR PLAN D |
|--|---------------|
| Partial Chrome Cobalt Frame Dentures and Associated Laboratory Costs | No benefit |
| Crown & Bridge and Associated Laboratory Costs <i>A bridge comprises two or more crown units. Each crown is payable from the available Crown & Bridge benefit.</i> | No benefit |
| Implants and Associated Laboratory Costs | No benefit |
| Orthodontics and Associated Laboratory Costs | No benefit |
| Periodontics | No benefit |

| SPECIALISED DENTISTRY | MALCOR PLAN D |
|--|---|
| Maxillo-facial Surgery and Oral Pathology | <p><i>Surgery in the dental chair:</i> Benefit subject to managed care protocols Covered at the Scheme Tariff</p> <p><i>Benefit only available for the following procedure codes:</i> 8931, 8935, 9011 and 9013</p> <p><i>Surgery in hospital:</i> See Hospitalisation* below</p> |

| HOSPITALISATION AND ANAESTHETICS | MALCOR PLAN D |
|--|--|
| Hospitalisation (General Anaesthetic)* | <p>Pre-authorisation required</p> <p>Admission protocols apply</p> <p>PMB admissions only</p> |
| Inhalation Sedation in Dental Rooms | <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> |
| Moderate/Deep Sedation in Dental Rooms* | <p>Pre-authorisation required</p> <p>Benefit limited to extensive dental treatment</p> <p>Benefit subject to managed care protocols</p> <p>Covered at the Scheme Tariff</p> |

SIZWE HOSMED ESSENTIAL COPPER Dental Benefit Table 2023

Dental Benefits

Dental benefits are paid at the Sizwe Hosmed Dental Tariff (SHDT).

Dental benefits are subject to managed care protocols and managed care interventions which may include the requirement of treatment plans and/or radiographs prior to benefit application.

Scheme Exclusions apply to dental benefits.

In the event of a dispute, the registered Rules of the Scheme will prevail.

Out-of-Hospital Dental Network

Benefits payable on the *Sizwe Hosmed Essential Copper* option is subject to the use of a contracted Network Provider on the **DENIS Dental Network**.

Hospital DSP Network

Dental Hospital Admissions are subject to a **Hospital DSP Network**. Dental Hospital pre-authorisations, admissions and claims are managed by **3Sixty Health**.

Pre-authorisation*

Certain dentistry procedures, namely *dentures and *Moderate/Deep Sedation in the Dental Rooms must be pre-authorised by **DENIS**. Procedures and treatments not pre-authorised will not attract a benefit.

| CONSERVATIVE DENTISTRY | SIZWE HOSMED ESSENTIAL COPPER |
|--------------------------|---|
| Consultations | Two check-ups per beneficiary per year (once every 6 months) Benefit subject to managed care protocols Covered at the SHDT |
| X-rays: Intraoral | Benefit subject to managed care protocols Covered at the SHDT |
| X-rays: Extraoral | No benefit |
| Preventative Care | <p><i>Benefit for scale and polish:</i> Two scale and polish treatments per beneficiary per year (once every 6 months)</p> <p><i>Benefit for fissure sealants:</i> Limited to beneficiaries younger than 16 years of age</p> <p><i>Benefit for fluoride:</i> Limited to beneficiaries younger than 12 years of age</p> <p>Benefit subject to managed care protocols Covered at the SHDT</p> |

| CONSERVATIVE DENTISTRY | SIZWE HOSMED ESSENTIAL COPPER |
|---|--|
| | <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Oral hygiene instruction • Oral hygiene evaluation • Professionally applied fluoride for beneficiaries 12 years and older • Tooth whitening |
| <p>Fillings</p> | <p><i>Benefit for fillings:</i> Granted once per tooth in 720 days</p> <p><i>Benefit for re-treatment of a tooth:</i> Subject to managed care protocols</p> <p><i>Multiple fillings:</i> A treatment plan and X-rays may be required</p> <p><i>Benefit for more than four fillings per beneficiary:</i> Subject to pre-notification</p> <p>Covered at the SHDT</p> <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Fillings to restore teeth damaged due to toothbrush abrasion, attrition, erosion and fluorosis • Resin bonding for restorations that are charged as a separate procedure to the restoration • The polishing of restorations • Gold foil restorations • Ozone therapy |
| <p>Emergency Pulp Removal and Extractions</p> | <p>Benefit subject to managed care protocols</p> <p>Emergency pulp removal for the relief of acute pain <i>prior to</i> root canal therapy <i>(No benefit for root canal therapy)</i></p> <p>Covered at the SHDT</p> |
| <p>Plastic Dentures* and Associated Laboratory Costs</p> | <p>Pre-authorisation required</p> <p>One set of acrylic/plastic dentures (an upper <i>and</i> a lower) per beneficiary in a 4-year period</p> <p><i>Repairs, realigning and repairing of dentures every 12 months</i></p> <p>Benefit subject to managed care protocols</p> <p>Covered at the SHDT</p> |

| CONSERVATIVE DENTISTRY | SIZWE HOSMED ESSENTIAL COPPER |
|------------------------|--|
| | <p>Scheme Exclusions:</p> <ul style="list-style-type: none"> • Diagnostic dentures and associated laboratory costs • Snoring appliances and associated laboratory costs • High impact acrylic • The cost of gold, precious metal, semi-precious metal and platinum foil • Laboratory delivery fees • Provisional dentures and associated laboratory costs |

| SPECIALISED DENTISTRY | SIZWE HOSMED ESSENTIAL COPPER |
|--|--------------------------------|
| Partial Chrome Cobalt Frame Dentures and Associated Laboratory Costs | No benefit |
| Crown & Bridge and Associated Laboratory Costs | No benefit |
| Implants and Associated Laboratory Costs | No benefit |
| Orthodontics and Associated Laboratory Costs | No benefit |
| Periodontics | No benefit |
| Maxillo-facial Surgery and Oral Pathology | Subject to PMB conditions ONLY |

| HOSPITALISATION AND ANAESTHETICS | SIZWE HOSMED ESSENTIAL COPPER |
|---|--|
| Hospitalisation (General Anaesthetic)* | Pre-authorisation required (<i>3Sixty Health</i>) |
| Inhalation Sedation in Dental Rooms | Benefit subject to managed care protocols Covered at the SHDT |
| Moderate/Deep Sedation in Dental Rooms* | Pre-authorisation required (<i>DENIS</i>) Benefit limited to extensive dental treatment (more than 4 fillings or extractions) for beneficiaries younger than 12 years of age Benefit subject to managed care protocols Covered at the SHDT |

Additional Scheme Exclusions (*All Plans & Options*)

- Electrognathographic recordings, pantographic recordings and other such electronic analyses
- Nutritional and tobacco counseling
- Caries susceptibility and microbiological tests
- Fissure sealants on patients 16 years and older
- Pulp tests
- Cost of Mineral Trioxide
- Cost of prescribed toothpastes, mouthwashes (e.g. Corsodyl) and ointments
- Appointment not kept
- Special report
- Dental testimony including dento-legal fees
- Treatment plan completed (currently code 8120)
- Enamel microabrasion
- Behaviour management
- Intramuscular or subcutaneous injection
- Procedures that are defined as unusual circumstances and procedures that are defined as unlisted procedures
- Dental procedures or devices which are not regarded by the relevant managed healthcare programme as clinically essential or clinically desirable
- Labial frenectomies in respect of beneficiaries under the age of 12 years
- Osseo-integrated tooth implants; genioplasty and dental osteotomy